

Which flu vaccine is right for you?

Flu Shot (injectable)	FluMist (intranasal)
Intramuscular Injection	Intranasal Spray
Influenza A and B Protection	Influenza A and B Protection
Stimulates development of Antibodies	Stimulates development of Antibodies
Killed virus	Live weakened (attenuated) virus
Immunity temporary (one flu season)	Immunity temporary (one flu season)
CANNOT GIVE YOU THE FLU!	CANNOT GIVE YOU THE FLU!
May not be given to persons with <u>severe</u> allergy to eggs (hives or anaphylaxis).	Cannot be given to persons with allergy to eggs.
<p>**** IF YOU OR YOUR CHILD HAVE A CONFIRMED OR SUSPECTED ALLERGY TO EGGS PLEASE ASK FOR THE "FLU VACCINE AND EGG ALLERGY INFO SHEET" FOR DETAILS ON CURRENT RECOMMENDATIONS. ****</p>	
Safe in Pregnancy	Not approved for pregnant women.
SAFE for people with asthma, diabetes, and other chronic illnesses.	Not approved for people with asthma, diabetes, or other chronic illness (ask your doctor).
Safe for 6 month olds and up.	Indicated for persons 2 to 49 years of age.
Mild reactions can occur (soreness, redness, or swelling where the shot was given; fever; and aches)	Mild reactions can occur (runny nose, nasal congestion, cough, headache and muscle aches, fever, tiredness/weakness and headache)
Reactions do not last long (1-2 days) and go away on their own.	Reactions do not last long (1-2 days) and go away on their own.
Serious reactions are rare.	Serious reactions are rare.
See the Vaccine Information Sheet for details.	See the Vaccine Information Sheet for details.