

Flu Vaccine and Egg Allergy Info Sheet 2011

- ❖ If a person reports an egg allergy and reports only hives following exposure to egg then:
 - Influenza injectable vaccine (flu shot) can be given but NOT FluMist.
 - The flu shot should be administered by a health care provider with a 30 minutes observation period.
 - These patients are not eligible to get flu vaccine during flu clinic.

PERSONS WITH HIVES ONLY AFTER EGGS:

Adult non-patients MUST SEE HIS OR HER OWN DOCTOR.

Pediatric Junction patients should schedule a MA or Nurse visit for flu vaccine during normal business hours.

- ❖ If a person reports an egg allergy and reports angioedema (facial swelling), breathing difficulty, lightheadedness, recurrent vomiting, or symptoms that required medical intervention (epinephrine), particularly those that occurred immediately or within minutes to hours after egg exposure are more likely to have serious systemic or anaphylactic reaction upon reexposure to egg proteins. Egg proteins are in the flu vaccine!! These patients are not eligible to get flu vaccine during flu clinic.

PERSONS WITH SEVERE ALLERGIC SYMPTOMS AFTER EGGS:

Parents and children with these types of serious reactions should see a specialist to discuss the flu vaccine.

- ❖ Some persons who report egg allergy might not be truly allergic. Those who are able to eat lightly cooked eggs (scrambled) without reaction are unlikely to be allergic. But egg-allergic persons might tolerate eggs in baked products (bread or cake); tolerance of egg-containing foods does not exclude the possibility of egg allergy.

PERSONS WITH REPORTED EGG ALLERGY WHO HAVE NOT HAD HIVES OR ANAPHYLAXIS AND CAN EAT LIGHTLY COOKED EGGS (SCRAMBLED):

Pediatric Junction will ONLY administer injectable flu vaccine (flu shot).

- ❖ If you are unsure about an egg allergy please discuss with your health care provider.
- ❖ If a person has had severe allergic reaction to flu vaccine, regardless of the component suspected to be responsible for the reaction, he or she cannot receive any flu vaccine.