

Egg Allergy & Flu Vaccine

If you are unsure about an egg allergy, please discuss with your healthcare provider.


Can the patient eat lightly cooked egg (scrambled, for example) without a reaction?

Yes

Patient can receive FluMist or flu injection.

No

Patient cannot receive FluMist. Patient may be able to receive the flu injection.



After eating eggs or egg-containing foods, does the patient experience ONLY hives?

Yes


Patient can receive the flu injection at Pediatric Junction

If patient has previously received the flu vaccine at Pediatric Junction, the vaccine can be administered at flu clinic, with provider approval.

If patient has not previously received the flu vaccine at Pediatric Junction, patient must be observed in the office for at least 30 minutes after vaccination. *Vaccine will not be administered at flu clinic; this will require a scheduled appointment.*

No

Patient may be able to receive the flu injection.



After eating eggs or egg-containing foods, does the patient experience symptoms such as cardiovascular changes (e.g. hypertension), respiratory distress (e.g. wheezing), gastrointestinal symptoms (e.g. nausea or vomiting), reaction requiring epinephrine or emergency medical attention?

Yes

Patients with these types of serious reactions should see a specialist to discuss the flu vaccine.